A Solar Halo of Ultralight Dark Matter





Joshua Eby Oskar Klein Centre Stockholm University New Horizons for Psi IST Lisbon 2024/07/04





Large modifications to the very local density from axions captured over 5Gyr (solar lifetime) (i.e. in our solar system)





Gravitatic



Superradiance

Many talks so far

only $\ell \neq 0$ primarily $\ell = m$ so

Rapidly rotating B

Efficient production on...

States populated

with $M \sim \frac{1}{Gm_{\phi}}$ when $\omega_{n\ell m} \lesssim m\Omega$

Also stars (?) See J. McDonald talk (Wedn

Gravitational coupling

 $\alpha_g \equiv GMm_\phi \sim \mathcal{O}($

Energy density from...

BH mass / spin

Dna	al Atoms	
Ce	Ultralight dark matter (ULDM) capture	∞ nlm
mall	all $n\ell m$ primarily $n\ell m = 100$	$v_{\rm dm}$ $v_{\rm dm}$ $v_{\rm d}$
Hs	Massive bodies	-
-	with $M \gtrsim \frac{v_{\rm dm}}{2\pi G m_{\phi}}$	
\mathbf{D}_{H}	when $\lambda \phi^4$ is "strong enough"	
e nesday)		
(1)	$\alpha_g \gtrsim \frac{\nu_{\rm dm}}{2\pi} \sim 10^{-4}$	_

DM background



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Gravitational Atoms



√[number density]

 $i \frac{\partial \psi}{\partial t} = \left[-\frac{\nabla^2}{2m_{\phi}} + \frac{V_g}{|\psi|^2} + \frac{V_{g,ext}(r)}{|\psi|^2} + \frac{\lambda}{8m_{\phi}^2} |\psi|^2} \right] \psi$

Hydrogen atom E.o.M. with

Fine structure constant $i\frac{\partial\psi}{\partial t} = \left| -\frac{\nabla^2}{2m_{\phi}} + \frac{\alpha_g}{r} \right| \psi$

 α

Bohr radius

$$a_0 = \frac{1}{m_e \alpha}$$

 $\alpha_g \equiv GMm_\phi$ Gravitational coupling

 $\longrightarrow \qquad R_{\star} \equiv \frac{1}{m_{\phi} \alpha_g}$

Gravitational 'Bohr radius'

solutions

 $\psi = \psi_w + \psi_b$

DM 'waves' (scattering states)

 Ψ_{nlm} nlm (bound states)



DM Waves and Bound States

$$i\frac{\partial\psi}{\partial t} - \left[-\frac{\nabla^2}{2m_{\phi}} + \frac{\alpha_g}{r}\right]\psi = 0$$

Hydrogenic E.o.M.

Scattering states (DM 'waves')

momentum distribution

n(k)



K

 $\psi_w(t,x) = \int \frac{d^3k}{(2\pi)^3} f(k) e^{-i\omega_k t} \psi_k(x)$

energy

Statistical sampling of DM momenta in halo $V \sim$

momentum distribution: Maxwell-Boltzmann

 $m_{\phi} v_{\rm dm}$

Bound states of gravitational atom nlm $\propto L_{n-l-1}^{2l+1}(r)Y_l^m(\theta,\varphi)$

Solutions to Hydrogenic E.o.M.

Solutions: Coulomb Scattering States

Simple solutions in the limits

$$kR_{\star} \gg (2\pi)^{-1}$$
 and $kR_{\star} \ll (2\pi)^{-1}$

We use
$$\xi_{\rm foc} \equiv \frac{2\pi}{kR_{\star}} = \frac{\lambda_{\rm dB}}{R_{\star}}$$

 $\omega_k > m_{\phi}$

 $\langle f^*(k)f(k')\rangle = (2\pi)^3 n(k)\,\delta^3(k-k')$



DM Waves: Focusing

$$i\frac{\partial\psi_k}{\partial t} - \left[-\frac{\nabla^2}{2m_{\phi}} + \frac{\alpha_g}{r}\right]\psi_k = 0 \qquad \qquad \xi_{\rm foc} \equiv$$



 $\psi_k \longrightarrow e^{ik \cdot x}$, $m_{\phi} v_{\rm dm}^2 / 2 \qquad m_{\phi} \alpha_g^2 / 2$ typical energy $\omega_k \gg |\omega_n|$



 ψ_k focused onto region of size $\ \simeq R_{\star}$, typical energy $\omega_k \ll |\omega_n|$

See Kim and Lenoci (2112.05718)



DM Waves in the Solar System

$$i\frac{\partial\psi_k}{\partial t} - \left[-\frac{\nabla^2}{2m_{\phi}} + \frac{\alpha_g}{r}\right]\psi_k = 0$$







$$\alpha_g \equiv GMm_\phi \simeq 1$$

$$\xi_{\rm foc} \equiv \frac{2\pi\alpha_g}{v_{\rm dm}} \sim \left(-\frac{1}{2}\right)$$

$$R_{\star} \equiv \frac{1}{m_{\phi} \alpha_g} \simeq 1$$

distance between stars





radius of Sun

Self-Interactions

$$i\frac{\partial\psi}{\partial t} - \left[-\frac{\nabla^2}{2m_{\phi}} + \frac{\alpha_g}{r}\right]\psi = \frac{\lambda}{8m_{\phi}^2}|\psi|^2\psi$$

Self-interactions can move particles from scattering states to bound states (and vice versa)

Hydrogenic E.o.M. + self-interactions





$$\begin{aligned} \text{Initially: } N_{nlm}(t=0) = 0 & \Delta \omega \equiv \omega_{k_1} + \omega_{k_2} - \omega_{k_3} - \omega_n \\ \frac{dM_{\star}}{dt} = m_{\phi} \sum_{nlm} \frac{dN_{nlm}}{dt} = \sum_{nlm} \frac{\pi \lambda^2}{16m_{\phi}^3} \int \frac{d^3k_1}{(2\pi)^3} \frac{d^3k_2}{(2\pi)^3} \frac{d^3k_3}{(2\pi)^3} \delta(\Delta \omega) \left[\mathcal{M}_{nlm} \right]^2 \mathcal{M}_{nlm} \equiv \int \psi_{k_1} \psi_{k_2} \psi_{k_3}^* \psi_{k_3}^* \psi_{k_3}^* d^3x \\ \times \left[n(k_1)n(k_2)(n(k_3) + 1) \left(N_{nlm} + 1 \right) - n(k_3)N_{nlm} \left(n(k_1) + 1 \right) \left(n(k_2) + 1 \right) \right] + \mathcal{O}(N_{\sigma}) \\ \text{Excitations for the scattering rate} & k_1 & k_2 \\ \approx \sum_{nlm} \frac{\pi \lambda^2}{16m_{\phi}^3} \int \frac{d^3k_1}{(2\pi)^3} \frac{d^3k_2}{(2\pi)^3} \frac{d^3k_3}{(2\pi)^3} \delta(\Delta \omega) \left| \mathcal{M}_{nlm} \right|^2 \left[n(k_1)n(k_2)n(k_3) + N_{nlm} \left(n(k_1)n(k_2) - 2n(k_2)n(k_3) \right) \right] \\ \text{simplify:} \\ nlm \to 100 \\ N_{nlm} \to N_{100} = M_{\star}/m_{\phi} \end{aligned}$$

$$nlm \to 100$$

 $N_{nlm} \to N_{100} = M_{\star}/m_{\phi}$

Mass Growth

phase space + energy conservation



2× nlm⁄



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Time Evolution Dense Gravitational Atoms ($\xi_{foc} \gg 1$) $M_{nlm} \propto e^{1}$ $M_{nlm} \propto Ct$ $\xi_{\rm foc} \gg$ Dilute $M_{nlm} \rightarrow \text{const}$ Gravitational Atoms $\xi_{\rm foc} \ll 1$ $(\xi_{\rm foc}\ll 1)$ 0.5 3.0 1.5 2.0 2.5 $|\Gamma|t$ $\Gamma > 0$: Exponential growth $\Gamma < 0$: Saturation determines late-time behavior $\frac{dM_{\star}}{I} \simeq C + (\Gamma_1 - 2\Gamma_2)M_{\star}$ dt







 $v_{\rm dm}$











Numerical Simulations



Solar Halo of ULDM





Numerical Simulations



 $m v_{\rm dm} r$

Solar Halo of ULDM





Solar Halo Density

Large modifications to the very local density from axions captured over 5Gyr (solar lifetime) (i.e. in our solar system)



Budker, **JE**, Gorghetto, Jiang, Perez (2306.12477)





Fate of Gravitational Atoms



Repulsive self-interaction $\lambda > 0$ **Stable! Density saturates to large value** $\rho_{\rm dm}$ 2 3 5 $t/\tau_{\rm rel}$



Attractive self-interaction $\lambda < 0$

$$\rho = \rho_{\rm crit} \sim \frac{\alpha_g^2 m_\phi^4}{|\lambda|}$$

until $\frac{\alpha_g}{R_{\star}} \simeq \frac{|\lambda|}{8m_{\phi}^3}\rho$ **Collapse!** when \implies Bosenova emission of relativistic ULDM particles **Ongoing work!**

Density grows \iff **Self-interaction term grows**





Density over Time

assuming $\lambda < 0$; density could be larger for $\lambda > 0$





Phenomenology of Solar / Stellar Halos

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 $m_{\phi} \simeq 10^{-14} - 2 \cdot 10^{-13} \,\mathrm{eV}$ **Probes in Space**

Tsai, **JE**, Safronova (2112.07674)+ Arakawa, Farnocchia (2210.03749)

Signals from the Sun

Ongoing work!

Banerjee, Budker, **JE**, Kim, Perez (1902.08212) + Flambaum, Matsedonskyi (1912.04295)





$m_{\phi} \sim 10^{-15} - 3 \cdot 10^{-14} \,\mathrm{eV}$

Probes on Earth

 $m_{\phi} \simeq 10^{-16} - 10^{-12} \,\mathrm{eV}$ (supergiants to neutron stars)

Astrophysical signals

Ongoing work!

Bosenova signals

Ongoing work!

though see **JE**, Shirai, Stadnik, Takhistov (2106.14893)







Probes using Bosenovae

Widely-studied for bosenovae originating in axion star collapse



Transient Signals

JE, Shirai, Stadnik, Takhistov (2106.14893)

Arakawa, **JE**, Safronova, Takhistov, Zaheer (2306.16468, 2402.06736)

Diffuse Axion Background

JE, Takhistov (2402.00100)

Terrestrial 3. Bosenova Searches Explosion $\mathcal{O}(1)$ fraction of total boson star energy is emitted



Multiple, repeating bosenovae on stars all over the galaxy!

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- physics across model space!

Conclusions

- Axions / ULDM captured gravitationally to astrophysical objects (e.g. the Sun), forming a gravitational atom
- Complementary to superradiance: occurs in very different astrophysical environments
- Formation occurs through $2 \rightarrow 2$ scattering; generic mechanism easily implies gravitational atoms elsewhere
- When it forms, a **solar halo** gives rise to striking new targets for experiment:
 - On Earth: enhanced density and coherence time for $m_{\phi} \sim \text{few} \cdot 10^{-15} \text{few} \cdot 10^{-14} \text{ eV}$
 - Future space missions can probe small, dense solar halos for $m_{\phi} \sim 10^{-13} 10^{-14} \,\mathrm{eV}$
 - \odot Astrophysical signals in other star systems: wider range of m_{ϕ}

Thank you for your attention!





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Bonus Round

"What about the Excited States?"

C Role of excited states and two-level system

In the main text we studied the capture of ULDM to the ground state, but neglected excited states in most of our discussions. In this Appendix, we show that these are likely to only enhance the accretion of DM onto the ground state, and not to change the overall conclusions of Section 4.



nlm = 100, 200



Role of excited states and two-level system \mathbf{C}

In the main text we studied the capture of ULDM to the ground state, but neglected excited states in most of our discussions. In this Appendix, we show that these are likely to only enhance the accretion of DM onto the ground state, and not to change the overall conclusions of Section 4.

$$\begin{split} \dot{N}_{100} &= 2g^2 \int [dk_1] [dk_2] [dk_3] |\mathcal{M}_{k_1+k_2 \to k_3+100}|^2 (2\pi) \delta(\omega_{k_1} + \omega_{k_2} - \omega_1 - \omega_{k_3}) \\ &\{ f(\mathbf{k}_1) f(\mathbf{k}_2) f(\mathbf{k}_3) + N_{100} [f(\mathbf{k}_1) f(\mathbf{k}_2) - 2f(\mathbf{k}_2) f(\mathbf{k}_3)] \} \\ &+ 4g^2 \int [dk_1] [dk_2] |\mathcal{M}_{k_1+100 \to k_2+200}|^2 (2\pi) \delta(\omega_{k_1} + \omega_1 - \omega_2 - \omega_{k_2}) \\ &\{ N_{100} N_{200} [f(\mathbf{k}_2) - f(\mathbf{k}_1)] - f(\mathbf{k}_1) f(\mathbf{k}_2) [N_{100} - N_{200}] \} \\ &+ 2g^2 \int [dk] |\mathcal{M}_{200+200 \to 100+k}|^2 (2\pi) \delta(2\omega_2 - \omega_1 - \omega_k) \{ f(\mathbf{k}) N_{200}^2 + N_{100} N_{200}^2 - 2N_{200} N_{100} f(\mathbf{k}) \} \,. \end{split}$$

$$\end{split}$$

$$(103)$$

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2-level system: nlm = 100, 200



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"What about the Excited States?" (3)





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Signal in direct search typically grows as $\propto \sqrt{\rho t}$ as long as



$$t \lesssim \tau_{\star} \simeq \frac{2\pi}{m_{\phi} \alpha_g^2} = \left[\frac{2\pi}{\xi_{\text{foc}}}\right]^2 \tau_{\text{dm}} \simeq 2 \text{ year} \left[\frac{10^{-14} \text{ eV}}{m_{\phi}}\right]^3$$

assuming $\lambda < 0$; density could be larger for $\lambda > 0$

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(figure credit: Ciaran O'Hare)



(figure credit: Ciaran O'Hare)

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Solar Halo of ULDM

Probing the Very Local DM Density (i.e. in our solar system)



Consider Mercury: $\dot{\theta}_{\text{prec}} = 575.3100 \pm 0.0015$ —

See Park et al. (MESSENGER collaboration), The Astronomical Journal, 153:121 (2017)

Sources of perihelion precession:

③3-body interactions

- Jupiter, Venus, Earth
- Other planets
- Asteroids
- Solar oblateness
- General Relativistic effects



 $\theta_{\rm prec}$









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see Pitjev and Pitjeva (1306.5534)

Constraints on DM in our Solar System

First constraint using asteroids:

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Other Asteroids

Tsai, JE, Arakawa, Farnocchia, Safronova (2210.03749)

Bennu: exceptional tracking data including dedicated OSIRIS-REx mission from NASA



Of general interest:

Is there DM in the Solar System? How much?

How do we strengthen such constraints?

New ideas?



Possible Overdensity



Banerjee, Budker, JE, Kim, Perez (1902.08212)

Density can be very much enhanced relative to 'naive' expectation $ho_{
m local}$



Maximum Density of Solar Halo



Banerjee, Budker, JE, Kim, Perez (1902.08212)

mass

"But can bound states really form?"

Formed by "gravitational cooling"

Seidel and Suen (gr-qc/9309015) Guzman and Urena-Lopez (astro-ph/0603613)

Can be understood analytically as gravitational relaxation of quasiparticles

Hui, Ostriker, Tremaine, Witten (1610.08297) Bar-Or, Fouvry, Tremaine (1809.07673)

N objects scatter gravitationally, exchange energy



(c) $\tilde{t} = 2000$

For axion stars:

dedicated simulations confirm this picture



For gravitational atoms: so far, ours is the only dedicated analysis









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 $2\Gamma_2 \propto 2n(k_1)n(k_3)$

Budker, **JE**, Gorghetto,

$$\simeq C + (\Gamma_1 - 2\Gamma_2) M_{\star}$$

 $\Gamma > 0$: Exponential growth

determines late-time behavior



 $k_1 \sim k_2 \sim k_3 \sim m_{\phi} v_{\rm dm} \quad \Rightarrow \Gamma_1 \simeq \Gamma_2$





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 $m_{\phi} v_{\rm dm}^2 \ll m_{\phi} \alpha_g^2$

Ionization

 \mathbf{k}_2



k₃

 $\Gamma_1 \propto n(k_1)n(k_2)$



Dense Gravitational Atoms

$$\simeq C + (\Gamma_1 - 2\Gamma_2) M_{\star}$$

 $\Gamma > 0$: Exponential growth

 $\Gamma < 0$: Saturation

determines late-time behavior



implies instead

 $k_1 \sim k_2 \sim m_{\phi} v_{\rm dm} \ll k_3 \qquad \Rightarrow \Gamma_1 \gg \Gamma_2$







Very Local Density from Capture (i.e. in our solar system)



assuming $\lambda < 0$; density could be larger for $\lambda > 0$



Constraints from Large-Scale Structure

GeV

 f_a

Evolution of cosmological density perturbations is modified by wavelike structure of ULDM fields

$$\ddot{\delta}_k + 2H\dot{\delta}_k - 4\pi G\bar{\rho} \left[1 - \left(\frac{k}{k_J}\right) \pm \left(\frac{k}{k_\lambda}\right)^2 \right]$$

suppression of structure on 'small' scales due to ultralight mass

$$k_J \simeq 10 \,\mathrm{Mpc}^{-1} \left(\frac{a}{a_{\mathrm{eq}}}\right)^{1/4} \left(\frac{m}{10^{-22} \,\mathrm{eV}}\right)^{1/2}$$

e.g. Lyman-α constraints, see Iršič++ (1703.04683), Rogers, Peiris (2007.12705)

suppression (or enhancement) of structure due to strong self-interactions in the early universe

$$k_{\lambda} \simeq 2.7 \,\mathrm{Mpc}^{-1} \left(\frac{a}{a_{\mathrm{eq}}}\right) \left(\frac{m}{10^{-14} \,\mathrm{eV}}\right) \left(\frac{f_a}{10^7 \,\mathrm{GeV}}\right)$$

see e.g. Arvanitaki, Huang, Van Tilburg (1405.2925) Fan (1603.06580) Cembranos++ (1805.08112)



m/eV



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Simulations



n = 3

Probes on Earth

 α_0

ULDM-photon interaction (example):



Oscillation of $\phi = \phi(t)$ induces oscillation of fundamental constants of nature

$$\alpha(t) = \alpha_0 \left(1 - d_\alpha \frac{\phi(t)}{\tilde{M}_P} \right)$$

$$\Rightarrow \quad \frac{\delta\alpha}{\alpha_0} \simeq \frac{d_\alpha \sqrt{2\rho}}{m_\phi \tilde{M}_P} \simeq 10^{-15} d_\alpha \left(\frac{10}{m_\phi \tilde{M}_P}\right)$$

w/ oscillation frequency $\omega_{\phi} \simeq m_{\phi} \simeq \text{few Hz}$

Modern optical clocks have achieved $\delta \alpha$ $\lesssim 10^{-18}$ α_0



Banerjee, Budker, JE, Kim, Perez (1902.08212)



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Parker Solar Probe (NASA)

https://blogs.nasa.gov/parkersolarprobe/

Launch: Aug 12, 2018

Most recent perihelion:

○ March 17, 2023 (15 of 24 planned)

○ Approach: 0.057 au from Sun

○ Temperature: 2500°F (1370°C) heat shield, 85°F (30°C) interior





(Should we?)

Quantum Clocks in Space

NASA Deep Space Atomic Clock (DSAC)

nature About the journal ∽ Publish with us ∽ nature > articles > article Article Published: 30 June 2021 Demonstration of a trapped-ion atomic clock in space E. A. Burt 🖂, J. D. Prestage, R. L. Tjoelker, D. G. Enzer, D. Kuang, D. W. Murphy, D. E. Robison, J. M. Seubert, R. T. Wang & T. A. Ely Nature 595, 43-47 (2021) Cite this article 6205 Accesses 3 Citations 247 Altmetric Metrics

Cold Atom Clock Experiment in Space (CACES) 📁

nature communicatio

Explore content < About the journ

nature > nature communications > an

Article Open Access Published: 24 J

In-orbit operation of cooled⁸⁷Rb atoms

Liang Liu 🖂, <u>De-Sheng Lü</u> 🖂, ... <u>Yu-Zhu</u>

Nature Communications 9, Article num 8335 Accesses 63 Citations 101

Demonstrated stability in space $\sim 10^{-14}$

Demonstrated stability in space $\sim 10^{-14}$

DSAC-2 may visit Venus, launch ~2028!

Motivations:

- Better time-keeping on ISS
- Improved GPS
- Comparison with ground clocks

International community rapidly developing technologies to put atomic clocks in space

ns
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ticles > article
an atomic clock based on laser-
Wang + Show authors
ber: 2760 (2018) Cite this article Altmetric Metrics

Atomic Clock Ensemble in Space (ACES)



Launch date: 2025 (?)

Goal for Tiangong space station $\sim 10^{-18}$

Target stability $\sim 10^{-16}$

- Spacecraft navigation
- Communication w/ moon / Mars / (?)
- OLDM detection??









Probes in Space



Lots of work still needed to make this possible!



discussions with **Parker Solar** Probe scientists

discussions with

quantum

sensor / atomic

or nuclear clock

experts

Temperature variations? \bigcirc $(-40 \text{ to } 40)^{\circ} \text{C}$ variation behind heat shield Maybe cold is more dangerous than hot! Magnetic field variations?

 $\bullet \pm 100 \,\mathrm{nT}$ variation on ~sec timescales

On the clock side:

- Need clocks which are \bigcirc
 - Ortable + Automated
 - Lightweight
 - Optimized for 'high frequency' run
- Ideally, nuclear + optical clocks to probe many couplings

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- Upshot: Sideband analysis in existing axion experiments can distinguish virialized ULDM from bound axion halos in our solar system
- Also motivates <u>network searches</u> (see e.g. GNOME 2305.01785)



Banerjee, Budker, **JE**, Flambaum, Kim, Matsedonskyi, Perez (1912.04295)





Axion stars in the cores of galaxies:

JE, Leembruggen, Suranyi, Wijewardhana (1805.12147) Bar, Blum, **JE**, Sato (1903.03402)

Do axion stars form black holes? (no)

JE, Street, Suranyi, Wijewardhana (2011.09087)

Astrophysical signals from axion star collapse: JE, Leembruggen, Suranyi, Wijewardhana (1608.06911) JE, Shirai, Stadnik, Takhistov (2106.14893) Arakawa, JE, Safronova, Takhistov, Zaheer (2306.16468)





