Beyond the Kerr paradigm: Black Holes and the fate of the Light ring Instability

Pedro V.P. Cunha

University of Aveiro Department of Mathematics - CIDMA





Several work in collaboration with: C. Herdeiro, E. Radu, E. Berti, N. Sanchis-Gual

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··· or could models beyond Kerr mimic its phenomenology?

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- motion of S-star orbits around Sgr A* Eisenhauer+, ApJ 628 246 (2005)
- access to the black hole (BH) shadow image of Sgr A*. EHT, ApJL 2022 ApJL 930 L12



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These observations can be used to test the true nature of Sgr A* (and BHs).

The shadow observation is connected to a special set of bound null orbits: Light Rings (LRs).



Why Light Rings (LRs) are relevant for observations.



2 LRs around horizonless compact objects



The fate of the Light Ring instability



1 Why Light Rings (**LRs**) are relevant for observations.

A Light Ring (LR) is a (spatially closed) circular null geodesic orbit.



Photon Sphere as a collection of LRs

In spherically symmetry, the clustering of LRs forms a Photon Sphere.

LRs exist around Schwarzschild and Kerr BHs and very compact horizonless stars.

Why are Light Rings relevant to observations?

- Light Rings and similar limit orbits determine the BH shadow edge.
- It leaves a signature of a sharp bright ring in an *astrophysical* image.
- The Sgr A* image is consistent with the (*blurred*) image of a Kerr shadow.





Definition:

Ultra-Compact Objects (UCO) \iff any object with a LR (with or without an horizon).

Motivation:

LRs are closely connected to direct astrophysical observables:

- Electromagnetic channel \rightarrow BH shadow edge.
- GW channel \rightarrow BH ringdown and Quasi-Normal modes. Goeb

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Interest of UCOs:

Hypothetical exotic UCOs might mimic Kerr phenomenology because of LRs.

Why Light Rings (LRs) are relevant for observations.



3 The fate of the Light Ring instability

A simple alternative to the Kerr paradigm are compact objects that have no horizon.

Example: Bosonic stars, which are horizonless solutions to scalar and Proca models:

Einstein-Klein-Gordon theory with a (complex) massive bosonic field

$$S = \int d^4x \sqrt{-g} \left[\frac{R}{16\pi G} - \nabla_{\nu}\phi\nabla^{\nu}\phi^* - \mu^2\phi^*\phi \right].$$
 (scalar)

$$S = \int d^4x \sqrt{-g} \left[\frac{R}{16\pi G} - \frac{1}{4} \mathcal{F}_{\alpha\beta} \mathcal{F}^{*\alpha\beta} - \frac{\mu^2}{2} \mathcal{A}_{\alpha} \mathcal{A}^{*\alpha} \right].$$
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This class of theories can lead to viable alternative Kerr objects:

- within a consistent and well motivated (effective field) theory of gravity.
- with a dynamical formation mechanism. Herdeiro, Radu PRL 119 26 261101 (2017)
- can be (sufficiently) stable. Degollado+ 2018 PLB 781, 651; Sanchis-Gual+ PRL 123 22 221101 (2019)

Simple example: Spherically-symmetric horizonless objects

The radial motion of light rays is 1D:

$$g_{rr}\dot{r}^2 + \left(\frac{E^2 - L^2 H(r)^2}{g_{tt}}\right) = 0, \qquad H(r) = \frac{\sqrt{-g_{tt}}}{r}$$

E is photon's energy and L its angular momentum.

Conditions for a Light Ring: H'(r) = 0.

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Smooth deformation of metric fixing:

- asymptotic behavior (asymptotic flatness), *i.e.* $g_{tt} \rightarrow -1$.
- near origin behavior (smoothness), *i.e.* $g_{tt} \neq 0$.

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This is not a feature restricted to Spherical symmetry:



Phys. Rev. Lett. 119 (2017) no.25, 251102

P. Cunha, E. Berti and C. Herdeiro

Theorem:

Horizonless UCOs must have at least two (non-degenerate) LRs, with one stable.





• stationarity and axial-symmetry.



- stationarity and axial-symmetry.
- regularity at the origin.



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- regularity at the origin.
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- metric is C^2 -smooth (at least).
- circularity and causality.

The null geodesic flow is determined by $\mathcal{H} = \frac{1}{2}g^{\mu\nu}p_{\mu}p_{\nu} = 0.$ This introduces a 2D potential $U(r,\theta) \equiv g^{ab}p_ap_b$ $a,b \in \{t,\varphi\}.$



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Since tangent vector field along LR path is a linear combination of (only) ∂_t , ∂_{φ} :

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It is possible to factorize $U(r, \theta)$ into simpler 2D potentials $H_{\pm}(r, \theta)$: At a *Light Ring*: $\implies \nabla H_{\pm}(r, \theta) = 0$ PRL 124 (2020) 18, 181101

The \pm typically yields two different rotation directions.



$$= \nabla H$$



$$= \nabla H$$





Rule 1 \implies a Maximum (or Min.) leads to (+1) full turns of vector field.












Rule 2 \implies Saddle point leads to (-1) full turns of vector field (*i.e.* inverse sense).

























Rule 3 \implies number of full turns is additive, *e.g.* Saddle point (-1) + Max (+1) = 0.







Origin boundary \implies regular Ricci scalar close to origin. PRL 124 (2020) 18, 181101



Axis boundary \implies regular Ricci scalar close to axis. PRL 124 (2020) 18, 181101



Asymptotic boundary \implies *flat* spacetime.







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Conclusion: the total topological charge is zero!

Option 1: LRs do not exist inside the contour.



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Option 1: LRs do not exist inside the contour.

Option 2: LRs exist but *appear in pairs* of charge $\{+1, -1\}$.

• Horizonless Star (asymptotically flat): $\sum_i w_i = 0$

Phys.Rev.Lett. 124 (2020) 18, 181101

Phys.Rev.Lett. 119 (2017) 25, 251102



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Phys.Rev.Lett. 124 (2020) 18, 181101

Phys.Rev.D 109 (2024) 6, 064050





• Horizonless Star (asymptotically flat): $\sum_i w_i = 0$

Phys.Rev.Lett. 124 (2020) 18, 181101

Phys.Rev.Lett. 119 (2017) 25, 251102

Black Hole (asymptotically flat): $\sum_i w_i = -1$ •

Phys.Rev.Lett. 124 (2020) 18, 181101

Phys.Rev.D 109 (2024) 6, 064050

 $\sum_i w_i = -1$ • Wormhole (asymptotically flat):

Phys.Rev.D 109 (2024) 12, 124065









Different types of Light Rings:

- Saddle point of $U(r, \theta) \rightarrow (w = -1)$ "standard" LR (Kerr).
- Local minimum of $U(r, \theta) \rightarrow (w = +1)$ stable LR (exotic)
- Local maximum of $U(r, \theta) \rightarrow (w = +1)$ violates Null Energy Condition!

Paper by Keir: J. Keir, CQG 33 (2016) no.13, 135009 Benomio arXiv:1809.07795

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They define integrated "energy" measure $\mathcal{E}[\phi](t)$ of wave ϕ across hypersurface Σ_t .

• In proving *non-linear stability*, one usually requires uniform fast decay:

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$$\mathcal{E}[\phi](t) \lesssim rac{1}{t^2} \, \mathcal{E}[\phi](0), \qquad$$
 (polynomial decay)

- If stable Light Ring exists, lower bound of uniform decay rate is slow: $\mathcal{E}[\phi](t) \lesssim \frac{1}{[\log(2+t)]^2} \mathcal{E}[\phi](0), \quad (logarithmic decay)$
- This slow decay is highly suggestive that a *spacetime instability* exists.

Possible implications?

If one has an horizonless UCO that would mimic the BH observations:

- If unstable Light Ring exists \implies stable LR also exists (if NEC satisfied).
- The stable LR might trigger a *spacetime instability* \implies not viable?



Possible implications?

If one has an horizonless UCO that would mimic the BH observations:

- If unstable Light Ring exists \implies stable LR also exists (if NEC satisfied).
- The stable LR might trigger a *spacetime instability* \implies not viable?



Questions:

- Has this hypothetical instability manifested itself in a concrete UCO model?
- What would be the timescale for such a putative instability?
- What would be the UCO endpoint state after the instability develops?

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3

The fate of the Light Ring instability

The fate of the light-ring instability

Pedro V. P. Cunha,¹ Carlos Herdeiro,¹ Eugen Radu,¹ and Nicolas Sanchis-Gual^{2,1}

(Dated: July 2022)

Ultracompact objects with light-rings (LRs) but without an event horizon could mimic black holes (BHs) in their strong gravity phenomenology. But are such objects dynamically viable? Stationary and axisymmetric ultracompact objects that can form from smooth, quasi-Minkowski initial data must have at least one *stable* LR, which has been argued to trigger a spacetime *instability*; but its development and fate have been unknown. Using fully non-linear numerical evolutions of ultracompact bosonic stars free of any other known instabilities and introducing a novel adiabatic effective potential technique, we confirm the LRs triggered instability, identifying two possible fates: migration to non-ultracompact configurations or collapse to BHs. In concrete examples we show that typical migration/collapse time scales are not larger than ~ 10³ light-crossing times, unless the stable LR potential well is very shallow. Our results show that the LR instability is effective in destroying horizonless ultracompact objects that could be plausible BH initiators.

Phys. Rev. Lett. 130 (2023) 061401

Solution diagram of Proca Stars





Solution diagram of Proca Stars





Time it takes for the instability to begin during the time evolution:

• The timescale **diverges** as we approach the solution where the LR disappears.



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- The timescale **diverges** as we approach the solution where the LR disappears.
- For the mass of Sgr A^{*}, an instability timescale $T\mu \sim 10^3$ is around ~ 6 h.

This is well motivated if the dynamical evolution is:

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- slow enough in time.
- violations of axial-symmetry are mild.

$$V_{\pm}(r,t) = M_t \frac{\langle g_{t\varphi} \rangle \mp \sqrt{\langle g_{t\varphi} \rangle^2 - \langle g_{tl} \rangle \langle g_{\varphi\varphi} \rangle}}{\langle g_{\varphi\varphi} \rangle}$$

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Violations of axial-symmetry *diluted* by averaging over ϕ :

lapse function:
$$N^2 \longrightarrow \langle N^2 \rangle = \frac{1}{2\pi} \int_0^{2\pi} N^2 d\varphi$$

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We can also time-average to wash away star-oscillations around a trend:

$$V_{\pm}^{*}(r,t) = \frac{1}{2 T(t)} \int_{t-2 T(t)}^{t} V_{\pm}(r,\tau) \, d\tau,$$

 $\longrightarrow T(t)$ is a measure of the oscillation period of the lapse N(t).

Following the location of LRs during the evolution of PSs:



The road ahead and conclusions

- Testing the Kerr-paradigm is very challenging....
- One step is to rule out classes of inadequate models as BH alternatives.
- The numerical evidence presented supports the inadequacy of a large class of UCOs.



There might exist possible mechanisms to avoid this conclusion:

- a) topological non-triviality, e.g. wormholes.
- b) non-axisymmetry of the horizonless UCO.
- c) non-circularity.

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